

D&C DIRECTORY

May 2024 Newsletter



D&C DIRECTORY

MAY UPDATE

I'm very excited to announce the May update of the Directory will be shared and available by the end of May. It will be made available on the Marbles Lost and Found website, and the Trauma Informed Plymouth Network website!

SPOTLIGHT

The service that I would like to showcase this month is Plymouth Mental Health Recovery and Empowerment Group (Plymouth REG). Plymouth REG is a fantastic mental health organisation that aims to empower people through their mental health recovery, by running free events and workshops across Plymouth.



PODCAST

I was recently invited to do a podcast in collaboration with Recovery Devon and WELL RAVER - their first ever podcast in their 'Podcast of Hope' series! You can [listen to the podcast here...](#)



WEBSITE

The D&C Directory website is coming - I promise you! Between my new full time job and juggling the directory and other bits and bobs, I've not been able to find the spare time to just sit and do it, but it is on its way, rest assured! I will be sending it out to everyone as soon as it's available. I'm also still looking for some testers, if anyone is interested...

OTHER PROJECTS

Since starting the directory, I've been given the opportunity to take part in so many other amazing projects, including a [blog](#) for Marbles Lost and Found, a [blog](#) for Citycare Southwest, and [sharing my service user story](#) with Heads Count.



FEEDBACK



FEEDBACK

Getting feedback from people is invaluable for the development and progression of the directory, and will ensure that everyone who uses and accesses the directory is getting the most out of it! I would really appreciate it if you could fill out [this 2-minute feedback form!](#)



devonandcornwalldirectory@hotmail.com