

D&C DIRECTORY

July 2024 Newsletter



D&C DIRECTORY

WEBSITE

I am so beyond excited to announce that after months in the pipeline, loads of hard work, creativity, and patience, the OFFICIAL D&C Directory website is [HERE!](#) Please visit the site and share it out to as many people as possible... thank you 😊

SPOTLIGHT

The service that I would like to showcase this month is [Stitch & Splodge](#). Founded by the wonderful Louise, Stitch & Splodge offers creative crochet and block printing workshops, one to one tutorials, parties and group events. They believe that connecting with like-minded people and taking time to be creative provides a sense of calmness and an opportunity to switch off from our busy lives.



PODCAST

I was recently invited to do a podcast in collaboration with [Recovery Devon](#) and [WELL RAVER](#) - their first ever podcast in their 'Podcast of Hope' series! You can [listen to the podcast here...](#)

**RECOVERY
DEVON
PODCAST**





EVENTS

Plymouth is really lucky in that we have so many fantastic services offering free and low-cost events across the city. On the 29th July, Livewell is hosting Fun, Fit, and Mentally Healthy. You can get tickets [here](#). On the 16th July, Plymouth Business Network is hosting a networking event. You can get tickets [here](#). For more in-depth info on local events and workshops, visit [Pop Community Guru](#).

OTHER PROJECTS

Since starting the directory, I've been given the opportunity to take part in so many other amazing projects, including a [blog](#) for Marbles Lost and Found, a [blog](#) for Citycare Southwest, and [sharing my service user story](#) with Heads Count.



Mental Health Information Hub
& Community Website



www.marbleslostandfound.co.uk
email: enquiries@marbleslostandfound.co.uk

FEEDBACK



FEEDBACK

Getting feedback from people is invaluable for the development and progression of the directory, and will ensure that everyone who uses and accesses the directory is getting the most out of it... I would really appreciate it if you could fill out [this 2-minute feedback form](#) 😊



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